

Distance Learning with Reid Baseball

Bringing the Expertise to You

Fun,
personalized
learning
environment

Live
instruction
& instant
feedback

Keep your
mental &
physical
skills sharp

How It Works

Step 1: Select Your Session(s)

Find a day (Sun-Fri) & time that work for you!

Step 2: Choose Your Program

Single: 1 x 30min session, US \$35

5-Pack: 5 x 30min sessions, US \$140

8-Pack: 8 x 30min sessions, US \$200

Step 3: Make Payment to Reserve Your Session(s)

<https://www.paypal.me/reidbaseball>

*Please ensure payment is made from a U.S.-based bank account (no credit cards) & select 'Sending to a friend' during the payment process

*If paying by credit card is your only option, please add 3% to the total payment to cover recipient fees

Step 4: Select Your Content

Choose 2 topics per session

Step 5: Connect, Learn & Have Fun!

Each session is live via video call;
Enjoy instant verbal & visual feedback!



[@THEREIDBASEBALL](https://www.instagram.com/thereidbaseball)



WWW.REIDBASEBALL.COM

Session Content

Flexibility

Arm Care

*Pitching

Mobility

Mentoring

*Hitting

Balance

Strength

*Catching

Footwork

Baseball Trivia

*Fielding

Plyometrics

Core Stability

Mental Skills

Mindfulness

Situational
Intelligence

Body
Awareness

*May require specific equipment or additional space